






McDowell Junior High School 2018-19 Menu

MENU #1	MONDAY	Chicken Tenders w/Dip French Fries Roll Broccoli Banana Milk 	TUESDAY	Cheese Burger on Bun Tomato Lettuce Corn Pears Milk	WEDNESDAY	Chipotle Style Chicken Bowl Rice/Black Beans Tortilla Chips w/Salsa Vegetables/Peach Cup Milk	THURSDAY	Shredded BBQ Pork on Bun Baked Beans Potatoes Wedges Apple Sauce Milk	FRIDAY	Pizza Stick w/Marinara Cup Green Beans Mixed Fruit Milk 
	MONDAY	Chicken Drumstick Mashed Potatoes-Gravy Tossed Salad-Dressing Roll Banana Milk	TUESDAY	Hot Dog on Bun Chili Soup-Crackers Gold Rush Juice Mixed Fruit Milk	WEDNESDAY	Mexican Haystacks w/Tortilla Chips Lettuce/Salsa Cup Green Beans Strawberry Cup Milk	THURSDAY	Mini Pancakes-Syrup Potato Coins Cheese Omelet Celery w/Peanut Butter Peaches Milk	FRIDAY	Chicken Patty Corn Baked Beans Frozen Slush Milk
	MONDAY	Asian Chicken Rice Corn Broccoli Pineapple Milk 	TUESDAY	Chicken Nuggets w/Dip Baked Beans Scalloped Potatoes Roll Strawberry Cup Milk	WEDNESDAY	Baked Rotini Tossed Salad-Dressing Frozen Slush Applesauce Texas Toast Milk	THURSDAY	French Toast with Syrup Sausage Carrot Sticks-Dip Potato Coins Fruit Juice Milk	FRIDAY	Pizza Sticks with Marinara Green Beans Apple Milk 
	MONDAY	Chicken Patty on Bun Lettuce/Tomato Season Potato Wedges Baked Beans Grapes Milk	TUESDAY	Grilled Cheese Tomato Soup-Crackers Celery Sticks-Dip Mixed Fruit Milk	WEDNESDAY	Grilled Chicken Salad w/CROUTONS & Dressing Banana Roll Milk	THURSDAY	Beef Soft Taco Lettuce Salsa Cup Corn Peaches Milk	FRIDAY	Pizza Celery Sticks Peanut Butter Cup Green Beans Mandarin Orange Milk
	MONDAY	Chicken Nuggets w/Dip Loaded Potato Wedges Mixed Vegetables Roll Raisins Milk	TUESDAY	Breakfast Sandwich Hash Brown Gold Rush Juice Mixed Fruit Milk 	WEDNESDAY	Lasagna Roll Texas Toast Tossed Salad-Dressing Corn Pears Milk	THURSDAY	Corn Dog Baked Beans French Fries Strawberry Cup Milk	FRIDAY	Pizza Carrots w/Dip Applesauce Green Beans Milk

BREAKFAST MENU	
MON	Muffin String Cheese Fruit Juice/Milk
TUES	Donuts String Cheese Raisins Juice/Milk
WED	Peanut Butter Sandwich Apple Juice/Milk
THURS	Pastry or Cinnamon Roll String Cheese/Fruit Juice/Milk
FRI	Breakfast Bar String Cheese Juice Fruit /Milk



Prices

Lunch.....	\$3.00
Reduced.....	\$.40
Adult.....	\$3.75
Breakfast.....	\$1.75
Reduced.....	\$.40
Extra Milk.....	\$.50

Students are allowed two breakfast and two lunch charges. Please pay any charges as soon as possible.

Breakfast is served daily in cafeteria after student bus departure.

Chicken and Noodle Holiday Dinner Dates:
Nov. 14 • Dec. 19 • April 17

Free and reduced lunch applications are available in school office or you can contact Food Service Director, Ginger Selin @ 740 474-7501 ext, 1110

Menu is subject to change.

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu.

This institution is an equal opportunity provider.

AUGUST 2018	SEPTEMBER 2018	OCTOBER 2018	NOVEMBER 2018	DECEMBER 2018	JANUARY 2019	FEBRUARY 2019	MARCH 2019	APRIL 2019	MAY 2019
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3 4	1	1 2 3 4 5 6	1 2 3	1	1 2 3 4 5	1 2	1 2	1 2 3 4 5 6	1 2 3 4
5 6 7 8 9 10 11	2 3 4 5 6 7 8	7 8 9 10 11 12 13	4 5 6 7 8 9 10	2 3 4 5 6 7 8	6 7 8 9 10 11 12	3 4 5 6 7 8 9	3 4 5 6 7 8 9	7 8 9 10 11 12 13	5 6 7 8 9 10 11
12 13 14 15 16 17 18	9 10 11 12 13 14 15	14 15 16 17 18 19 20	11 12 13 14 15 16 17	9 10 11 12 13 14 15	13 14 15 16 17 18 19	10 11 12 13 14 15 16	10 11 12 13 14 15 16	14 15 16 17 18 19 20	12 13 14 15 16 17 18
19 20 21 22 23 24 25	16 17 18 19 20 21 22	21 22 23 24 25 26 27	18 19 20 21 22 23 24	16 17 18 19 20 21 22	20 21 22 23 24 25 26	17 18 19 20 21 22 23	17 18 19 20 21 22 23	21 22 23 24 25 26 27	19 20 21 22 23 24 25
26 27 28 29 30 31	23 24 25 26 27 28 29	28 29 30 31	25 26 27 28 29 30	23 24 25 26 27 28 29	27 28 29 30 31	24 25 26 27 28	24 25 26 27 28 29 30	28 29 30	26 27 28 29 30 31